

KNOW YOURSELF

Figuring out the answers to important questions about yourself- your skills, your values, your personality- may be the most valuable part of career exploration. By fully exploring your strengths, challenges, preferences, and other traits, you can make an informed decision regarding which degree you would like to earn and what career you would ultimately like to pursue. Your post-secondary goals should correspond with your short- and long-term occupational objectives, and will ideally pave the way to a productive, fulfilling career.

DEGREE & CAREER SEARCH

Search Majors & Careers Central :
<http://www.collegeboard.com/csearch>

Career Library and Exploration:

<http://www.uhs.berkeley.edu/Students/CareerLibrary/links/occup.cfm>

What Can I Do With a Major In...?

<http://www3.ashland.edu/services/cardev/cdm-major.html>

Occupational Outlook Handbook:

<http://www.occupationaloutlook-handbook.net/>

Vocational Information Center:

<http://www.khake.com/>

Experienced Workers Share Their Stories:

<http://www.jobprofiles.org/>

ACES- Northeast Region

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CAREER AND DEGREE EXPLORATION

*Making it Easy to
Get an Education*



Degree and Career Exploration

The Six Steps to Choosing a Degree Focus and Career

- 1) Assess your interests.
- 2) Assess your abilities.
- 3) Assess your work values.
- 4) Explore career options.
- 5) Consider what you are willing and able to invest toward a chosen career.
- 6) Narrow down choices, and choose a major.

CHECK IT OUT!

Free, Online Career Exploration Program

<http://www.asvabprogram.com/>

Go to the NERO ACES website, choose your ACES Service Center, and go to TESTING to submit an online request for one of the following assessments:

Strong Interest Inventory- This simple assessment takes only 30 minutes to complete and measures your interest in a wide range of occupations, work styles, and other preferences. Your interests are compared to the profiles of those who work in various occupational fields and report great work satisfaction., and your personal SII interpretation includes individualized advice on which career fields may best suit you.

Myers-Briggs Type Indicator (MBTI-II)- The most widely used personality inventory in the world, the MBTI identifies the characteristics that are unique to your specific personality type. Once you know your distinct personality type, you can explore which degree majors and careers would likely be the most fulfilling for you. This assessment takes approximately 30 minutes to complete. .



CHECK OUT THE NERO ACES WEBSITE!

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www.nereducation.army.mil